



**SERVICE D'INCENDIE
BEAUBASSIN-EST
FIRE DEPARTMENT**



PRESS RELEASE

Monday, October 5, 2020

Beaubassin-est Firefighters take advantage of Fire Prevention Week to remind you to be careful when cooking

The Beaubassin-est Fire Department encourages all residents to embrace the 2020 Fire Prevention Week theme, "Serve Up Fire Safety in the Kitchen". This year, the week is October 4 to 10, 2020 and the campaign works to educate everyone about simple but important actions they can take to keep themselves and those around them safe.

Cooking is the leading cause of home fires and home fire injuries in Canada. The majority of reported home fires started in the kitchen. Most home fires start with the ignition of food or other cooking materials.

Cooking fires can be prevented by staying in the kitchen while cooking, using a timer, and avoiding distractions such as electronics or TV. Those are steps everyone can take to keep families safe in their homes.

Here are safety tips to keep you from having a cooking fire:

- Never leave cooking food unattended. Stay in the kitchen while you are frying, grilling or broiling food. If you have to leave, even for a short time, turn off the stove.
- If you are simmering, baking, roasting, or boiling food, check it regularly. Remain in the home while food is cooking, and use a timer to remind you that you're cooking.
- You have to be alert when cooking. You won't be alert if you are sleepy, have taken medicine or drugs, or have consumed alcohol that makes you drowsy.
- Always keep an oven mitt and pan lid nearby when you're cooking. If a small grease fire starts, slide the lid over the pan to smother the flame. Turn off the burner, and leave the pan covered until it is completely cool.
- Have a "kid-free zone" of at least 1 metre around the stove and areas where hot food or drink is prepared or carried.

The Beaubassin-est Fire Department has 25 active Firefighters: Gaétan LeBlanc, Fire Chief, Serge LeBlanc, Deputy Chief, Philippe LeBlanc, Stéphane LeBlanc and Dennis Metcalfe, Captains, as well as Sébastien Arsenault, François Boisvert, Jean-Marc Boudreau, Ghislain Donelle, Eric Doucet, Pierre Gallant, Charles Gautreau, Pierre Gautreau, Samuel Hebert, Roger Landry, Denis LeBlanc, Jamie LeBlanc, Francine Léger, Remi Léger, Gary Metcalfe, Lisa Metcalfe, Jacques Ouellette, Marc-André Richard, Martin Richard and Ryan Richard.

For more information regarding the Beaubassin-est Fire Department or Fire Prevention, contact the brigade at 532-5628 or send an email at hafd@nb.aibn.com. For more general information about Fire Prevention Week and cooking fire prevention, visit www.nfpa.org and www.fpw.org.

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